

Aikido Seminar with Guest Instructor

Penny Sablove, 4th Dan

And **Dan Caslin**, 4th Dan

At Aikido of Owensboro's
Mushinkan Dojo
3201 Alvey Park Drive West

Owensboro, KY 42303



Class Times:

Saturday, April 12, 2008
9:30 – 11:30 AM and 1:30 - 3:30 PM

Pot-luck lunch at the dojo.

Cost of seminar is \$30 All styles and affiliations
welcome.



Penny Sablove Sensei, 4th Dan

Chief Instructor of Heart of San Francisco

Penny began her study of Aikido in San Francisco in 1980. Perhaps her most significant Aikido influence has been her regular training with Linda Holiday Sensei in Santa Cruz. Penny has been described by Holiday Sensei as, "By far the most dedicated Aikido student I've ever had the privilege to teach." Penny's Aikido has also been influenced by her career as a physical therapist and a certified Feldenkrais practitioner. Penny is the chief instructor at her dojo, the Heart of San Francisco.

Dan Caslin Sensei, 4th Dan Chief Instructor of Aikido of Owensboro

Dan has trained since 1976 starting with Frank Doran Sensei at the Stanford University Aikido Dojo, then with Mary Heiny, Tom Read and Linda Holiday. He trained intensively in Shingu, Japan under Michio Hikitsuchi Sensei and Anno, Yanase and Tojima Shihan.

For more information, email vision@caslin.org or (270) 929-4042.